



EQUINE
BIOMECHANICS

Angela McLeod ^{BVSc} **Equine Veterinarian**

EQUINE BIOMECHANICS CLINIC

Angela McLeod is an experienced equine veterinarian who also has many years of experience working with and riding horses. After riding and studying in Germany, she developed an understanding and passion for equine biomechanics, and the link between the way that horses are trained, and their longevity and overall health and wellbeing.

She believes it is important that riders have a basic understanding of the horse's anatomy and physiology, in order to train them intelligently to work correctly over the back, thereby improving performance and reducing trauma to joints, tendons, ligaments and muscles.

Angela also believes many veterinarians could benefit from learning more about correct training so they can advise their clients better regarding rehabilitation/prevention of future injury.



FORMAT OF CLINIC

A 1.5 hour PowerPoint presentation outlines the way a horse's body must be gradually built up over time so that he is a happy, willing athlete. The subject of innate crookedness is discussed and its ramifications on training. Guidelines will be given for determining when training is heading in the right direction, and when something needs to be changed.

Individual lessons focus on establishing suppleness in the horse and solving problems logically while developing the riders practical understanding of biomechanics.



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